



SCADDING COURT COMMUNITY CENTRE PRESENTS



# WOMENS BOXING/FITNESS PROGRAM

EVERY MONDAY SEPT 18 - DEC 4, 2023  
5:30PM - 6:30 PM

OPEN TO ALL WOMEN  
AGES 13 AND UP - BEGINNER LEVEL  
FREE - TAUGHT BY FEMALE INSTRUCTOR

LOCATION: 707 DUNDAS ST. WEST  
SCADDING COURT COMMUNITY CENTRE (GYM)

FOR MORE DETAILS CONTACT LABIB  
AT [LABIB@SCADDINGCOURT.ORG](mailto:LABIB@SCADDINGCOURT.ORG)