



Parenting 1234

JANUARY 2022

**JOIN US EVERY SATURDAY AND BE A PART OF OUR COMMUNITY OF FAMILIES
HAPPY NEW YEAR!**



JANUARY 15TH-PRIOTIZING WHAT IS IMPORTANT AS THE PANDEMIC REMERGES.

JANUARY 22ND-THE IMPORTANCE OF DESTRESSING.

JANUARY 29TH- ALLOWING YOUR KIDS TO HAVE MORE DOWNTIME.

Contact:florence@scaddingcourt.org

**Virtual Zoom Session every Saturday
at 10:00 am to 12 noon**

