

WEDNESDAY
APRIL 14

Poetry Workshop

Join us for a talk on community, mental health and a group poetry session.

PRESENTED BY



WEDNESDAY
APRIL 21

Creative Writing

Join your peers as we learn more about creative writing and work together to create our own pieces live during the workshops.

PRESENTED BY



WEDNESDAY
APRIL 28

Goal Setting #1

Join us for a discussion on how to identify your unique skill sets, what does success mean and how to set goals.

PRESENTED BY



WEDNESDAY
MAY 05

Creative Writing

Join your peers as we learn more about creative writing and work together to create our own pieces live during the workshops.

PRESENTED BY



TUESDAY
MAY 11

Goal Setting #2

Join us for the second half of our discussion on how to identify your unique skill sets, what success means and how to set goals.

PRESENTED BY



WEDNESDAY
MAY 12

Village Circle

Meet Ricky Atkinson, Bob Ellis, Ron Winn, and Lance Winn on what it was like growing up in Alexandra Park in the 1950's and 60's

PRESENTED BY



WEDNESDAY
MAY 19

Creative Writing

Join your peers as we learn more about creative writing and work together to create our own pieces live during the workshops.

PRESENTED BY



WEDNESDAY
MAY 26

Talk on Addiction & Substance Abuse

Meet Nora from Youthdale Mental Health Services on her talk on how to deal with addiction, mental health, and coping strategies.

PRESENTED BY



WEDNESDAY
JUNE 02

Creative Writing

Join your peers as we learn more about creative writing and work together to create our own pieces live during the workshops.

PRESENTED BY



WEDNESDAY
JUNE 09

Weekly Wednesday sessions will continue as topics are being developed.